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President Donald Trump's approval held at its strongest level since the spring, with 45% of voters approving and 52% disapproving — essentially flat after June's slide. Independents who lifted the prior two waves reverted while Republicans consolidated further behind the president as the country continues to express concerns about the cost of living and the restart of the Iran conflict.

Trump is underwater in six of the nine most competitive Senate states, and his net approval slipped in all of them over the past quarter. In the two toss-ups where Republican incumbents are actually on the ballot — Maine and Alaska — those incumbents are underwater too.

Congressional Democrats' standing is firming up across the board. The out-of-power party has a 4-point edge on the economy and has widened their health care advantage to 14 points as Republicans strain to move Trump's agenda through a divided Congress. With the passing of Sen. Lindsey Graham (R-S.C.) and the hospitalization of Sen. Mitch McConnell (R-Ky.), the party's already narrow majority is suddenly short-handed just as leaders try to move that agenda ahead of November.

MORNING CONSULT — POLITICAL INTELLIGENCE (7/13/2026)				
PRESIDENTIAL APPROVAL	APPROVE	DISAPPROVE	NET	Δ 4-WK
Overall	45%	52%	-7	▲ 3
The economy	41%	51%	-10	▲ 2
Health care	40%	50%	-10	▼ 2
Immigration	49%	44%	+4	▲ 1
Energy	44%	46%	-2	▲ 2
Foreign policy	44%	47%	-4	▼ 1
National security	48%	44%	+4	▲ 2
CONGRESS · BALLOT & ISSUE TRUST	DEM	REP	NET	Δ 4-WK
Midterm ballot	46%	43%	D+3	▼ 1
The economy	45%	41%	D+4	~
Health care	50%	36%	D+14	▲ 2
Immigration	41%	45%	R+4	▼ 1
Energy	43%	42%	D+2	▼ 1
Foreign policy	42%	41%	D+1	~
National security	39%	46%	R+7	▼ 5

Source: Morning Consult Political Intelligence tracking conducted July 10–13, 2026, among registered voters.

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