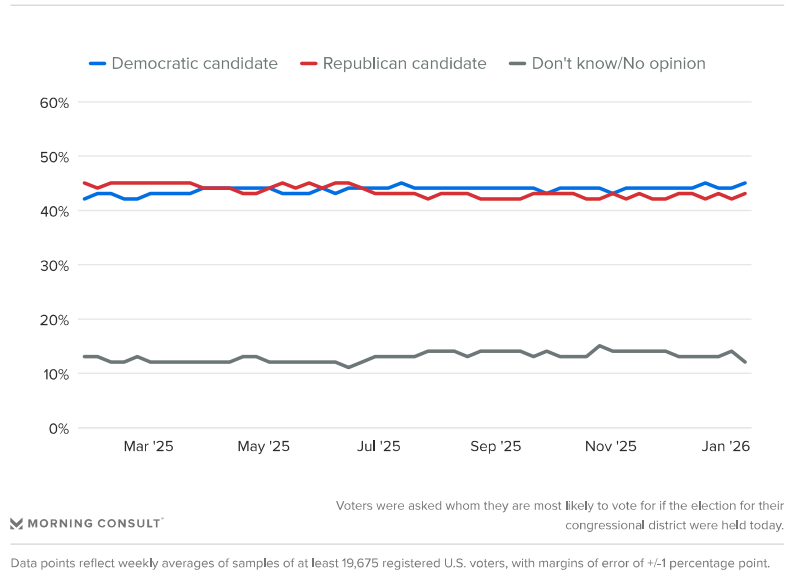


Tracking the 2026 Midterm Elections

Democrats lead Republicans on the generic ballot



By Eli Yokley & Cameron Easley

Morning Consult is tracking whom Americans across the country are planning to vote for in the 2026 midterm elections. Each week, we'll update this page with our latest generic ballot surveys of tens of thousands of registered voters, including granular demographic subgroups. For more weekly data on President Donald Trump's approval ratings and whom voters trust in Congress to handle a range of key issues, go to our page [Tracking Public Opinion of Trump's Washington](#).

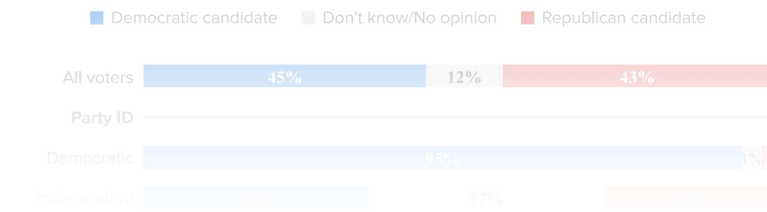
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KEY TAKEAWAYS

- **Democrats maintain lead over Republicans:** Democrats lead Republicans by 2 percentage points on the generic congressional ballot, 45% to 43%, in our latest weekly tracking survey. That's in line with their standing last week as 12% of the electorate says it's undecided.
- **Harris voters are more unified than Trump voters:** Voters who backed former Vice President Kamala Harris' 2024 campaign are slightly more likely to say they'll vote for a Democratic candidate next year than President Donald Trump's 2024 voters are to say the same of the Republican candidate (90% to 86%). Roughly a fifth of Black Trump voters (19%) and 9% of Hispanic Trump voters now say they're most likely to vote for a Democratic candidate in November, compared with only 3% of Hispanic Harris voters who say they'll back a Republican.
- **A strong gender divide:** Women are 9 points more likely to favor the Democratic candidate than the Republican candidate (47% to 39%), while men are 5 points more likely to say the inverse (47% to 42% in favor of the Republican candidate).
- **Democrats hold an edge among nonvoters:** Democrats lead Republicans by 4 points among voters who did not cast a ballot in last year's presidential election.

Key demographics

Shares of voters who said they are most likely to vote for the ...



Eli Yokley

U.S. Politics Analyst

Eli Yokley is Morning Consult's U.S. politics analyst. Eli joined Morning Consult in 2016 from Roll Call, where he reported on House and Senate campaigns after five years of covering state-level politics in the Show Me State while studying at the University of Missouri in Columbia, including contributions to The New York Times, Politico and The Daily Beast. Follow him on [X/Twitter](#) and on [LinkedIn](#) @eyokley. Interested in connecting with Eli to discuss his analysis or for a media engagement or speaking opportunity? Email press@morningconsult.com.

Cameron Easley

Head of Political and Economic Analysis

Cameron Easley is Morning Consult's head of political and economic analysis. He has led Morning Consult's coverage of politics and elections since 2016, and his work has appeared in The New York Times, The Wall Street Journal, The Washington Post, Politico, Axios, FiveThirtyEight and on Fox News, CNN and MSNBC. Cameron joined Morning Consult from Roll Call, where he was managing editor. He graduated from the University of North Carolina at Chapel Hill. Follow him on Twitter [@cameron_easley](#). Interested in connecting with Cameron to discuss his analysis or for a media engagement or speaking opportunity? Email press@morningconsult.com.